

HOSTILE ENVIRONMENT AWARENESS TRAINING (HEAT)



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ABSTRACT:

The HEAT course is a five-day training programme in which participants will learn how to deal effectively with critical or emergency situations while deployed in hostile environments through real simulations.

This course will fulfill the following objectives:

- To provide participants with the necessary skills to deal with situations in which armed conflicts arise, their key actors, and their impact on civilians.
- To improve participants' capacity in conflict resolution and protection of civilians in armed conflicts.
- To strengthen the competence and confidence of participants to deal effectively with high-risk or critical situations, as would be the case when working in peacekeeping missions.

LEARNING OUTCOMES:

- Explore the relevance of mental and physical security in different risk environments.
- Understand the role of risk management and the level of risk in hostile environments.
- Get familiarised with risk management for different hazards.

LECTURERS:

- Members of security forces and bodies
- Medical staff and experts in trauma psychology
- Safety managers

DURATION:

60 hours (1 week residential)

METHODOLOGY

The course uses a variety of methodologies, including lectures and presentations, outdoor activities and simulation exercises. 75% of the course is practical and 25% is theoretical.

DIPLOMA:

Participants who successfully complete the course will receive a diploma from the **International University Center for Peace Missions** in Helsinki Spain and a diploma from **NAEM, National Association of Emergency Medical Technicians**.

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CONTENT

- Basic first aid and psychological first aid.
- Basic life support in the absence of medical personnel.
- Orientation, map reading, and GPS navigation.
- Procedures and means of communication (use of radios).
- 4x4 vehicle driving techniques.
- Driving in convoy.
- Stress management.
- Personal health care.
- Protection and response to threats of sexual violence.
- Set of threats, associated risks and personal security.
- Risk management.
- Mobile security: protection and security procedures when traveling in vehicles.
- Managing threats related to large concentrations of people, demonstrations, protests and riots.
- Hostage taking and survival.
- Kidnappings.



LOCATION

Segovia-Spain

MINIMUM REQUIREMENT

Professionals from the business and humanitarian fields who are or are going to be deployed in high-risk areas.

Be able to work under pressure.

DATES

23 – 28 June 2024

LANGUAGE

English or Spanish

COURSE DURATION

60 hours

08:00 am - 9pm **residential course**

ENROLLMENT PROCESS

HEAT Registration Form

Resume/CV

Recent digital photo, passport size

COST AND ENROLLMENT

-2.000€ course fee

-Complete five-day HEAT training (classes, field trip, equipment, simulations, 4x4 vehicle driving)

-Meals and accommodation (shared room between two alumni - 2 individual beds)

-Local transport (Madrid-Segovia-Madrid)

-All course materials

PAYMENTS

Individual courses must be paid in full.

Participants are responsible for the cost of bank transfers and currency exchange.

In case of cancellation prior to the start date of the course, please note that we unfortunately cannot reimburse you (visa related reasons included). You will be able to participate in future courses with that course credit.

VISA PROCESS

In order to start with the visa process, participants must have made all payments.

Helsinki España will support participants with a letter of invitation once the payments have been made. **In any case, obtaining the visa is the responsibility of the participant and not of Helsinki España.**

SCHOLARSHIPS

Unfortunately, we cannot provide scholarships for this course. Participants (or their employer) must be able to cover the tuition fee.

CONTACT:



Helsinki España

Ángela Suárez Jaimes. Secretary General

iucpm@helsinkiespana.org

Telephone: +34 915335455

+34 629544873

Helsinki España - Dimensión Humana

Calle de Santa Cruz de Marcenado, 11, Madrid, C.P. 28015



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