

# HOSTILE ENVIRONMENT AWARENESS TRAINING (HEAT)



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## ABSTRACT:

The HEAT program is a five-day training course where participants will learn how to effectively manage critical or emergency situations while deployed in hostile environments, through realistic simulations.

This training will fulfill the following objectives:

- To provide participants with the necessary skills to deal with situations in which armed conflicts arise, their key actors, and their impact on civilians.
- To improve participants' capacity in conflict resolution and protection of civilians in armed conflicts.
- To strengthen the competence and confidence of participants to deal effectively with high-risk or critical situations, as would be the case when working in peacekeeping missions.

## LEARNING OUTCOMES:

- **Understanding and Maintaining Security in High-Risk Environments:** Develop a comprehensive understanding of the interplay between physical and mental security in high-risk environments, with a focus on maintaining both under pressure and through crisis situations.
- **Early Detection, Risk Assessment, and Management:** Gain expertise in the early detection and evaluation of risks, and learn to anticipate, tailor, and manage strategies effectively to address the unique challenges posed by hostile settings.
- **Acquisition of Tools and Techniques for Crisis Management:** Acquire practical tools and techniques to ensure physical safety and manage mental health during crises, enhancing the ability to respond effectively in emergency situations.
- **Building Resilience and Readiness through Experiential Learning:** Build the capacity to react confidently and competently to emergencies by leveraging the experience of simulated high-risk scenarios, fostering resilience and readiness for real-world challenges.

## METHODOLOGY

The training uses a variety of methodologies, including lectures and presentations, as well as simulation of real-life scenarios through role-playing exercises and drills. 75% of the course is practical and 25% is theoretical.

## LECTURERS:

- Members of security forces.
- Medical staff and trauma psychology experts.
- Safety managers.

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## CONTENT

- **First aid and psychological first aid.**
- **Basic life support in the absence of medical personnel.**
- **Orientation, map reading, and GPS navigation.**
- **Procedures and means of communication (use of radios).**
- **4x4 vehicle driving techniques.**
- **Driving in convoy.**
- **Stress management.**
- **Personal health care.**
- **Protection and response to threats of sexual violence.**
- **Set of threats, associated risks and personal security.**
- **Risk management.**
- **Mobile security: protection and security procedures when traveling in vehicles.**
- **Managing threats related to large concentrations of people, demonstrations, protests and riots.**
- **Hostage taking and survival.**
- **Kidnappings.**



## LOCATION

Segovia-Spain.

## LANGUAGE

English or Spanish.

## DATES

JUNE 23-28, 2025.

## COURSE DURATION

60 hours.

08:00 am - 9pm

**residential course.**

## COST AND ENROLLMENT

The **course fee is €2,000**, which includes the following:

- Full five-day HEAT training (classes, field trip, equipment, simulations, 4x4 vehicle driving).
- Meals and accommodation (shared room between two participants - 2 individual beds).
- Local transport (Madrid-Segovia-Madrid).
- All course materials.

The organization reserves the right to postpone or cancel the course if the minimum number of participants is not met or if trainers are unable to attend due to force majeure. In such cases, all registered organizations or individuals will receive a full refund.

## PAYMENTS

Individual courses must be paid in full.

Participants are responsible for the cost of bank transfers and currency exchange.

**In case of cancellation prior to the start date of the course, please note that we unfortunately cannot reimburse you (visa related reasons included). You will be able to participate in future courses with that course credit.**

## VISA PROCESS

In order to start with the visa process, participants must have made all payments.

HELSINKI ESPAÑA will support participants with a letter of invitation once the payments have been made. **In any case, obtaining the visa is the responsibility of the participant** and not of HELSINKI ESPAÑA.

## SCHOLARSHIPS

Unfortunately, we cannot provide scholarships for this course. Participants (or their employer) must be able to cover the tuition fee.

## MINIMUM REQUIREMENT

- Professionals from the business and humanitarian fields who are or are going to be deployed in high-risk areas.
- Be able to work under pressure.

## ENROLLMENT PROCESS

- HEAT Registration Form.
- Resume/CV.
- Recent digital photo, passport size.

## DIPLOMA:

Participants who successfully complete the training will receive a diploma from:

- the **International University Center for Peace Missions** in HELSINKI ESPAÑA
- **NAEM, National Association of Emergency Medical Technicians.**

## CONTACT:



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