

CORPORATE SECURITY AND SELF-PROTECTION COURSE



**INTERNATIONAL
UNIVERSITY
CENTRE FOR
PEACE
MISSIONS**

Centro
Internacional
Universitario para
Misiones
de Paz



**UNIVERSITY
NETWORK
HELSINKI ESPAÑA**

1 WHAT IS CIUMP?

The **International University Center for Peace Missions** of Helsinki España (**CIUMP**) was established in 2003 with the support of the Spanish Ministry of Foreign Affairs, the European Union, and the Organization for Security and Cooperation in Europe (OSCE) to train professionals equipped with the necessary skills and competencies to work in peace missions.

Today, the Center offers programs, courses, and workshops on essential topics such as conflict prevention, **security**, and peacebuilding.

To deliver its training programs, the Center has established strategic partnerships with key entities such as the Spanish Ministry of Defense and the United Nations, which contribute with professionals, experts, and resources.

Its most notable programs include:

- **REACT:** A five-week training program in peace operations and international security. Since its launch, it has equipped more than 600 professionals from 70 countries.
- **United Nations Civil-Military Coordination Course:** A six-day program featuring dynamic sessions to enhance understanding and assimilation of international guidelines governing civil-military coordination and the challenges associated with natural disasters or armed conflict situations.
- **Hostile Environment Awareness Training (HEAT):** A five-day intensive course designed to prepare participants to handle critical or emergency situations while safeguarding their mental health and physical integrity.

In addition to these training programs, **CIUMP** offers customized courses for public administrations and institutions, leveraging its expertise in human rights, conflict prevention, security, and development.

CIUMP has expanded its training offerings to the **private sector**, drawing on its extensive experience in peace missions and high-risk environments to provide specialized training in security and risk management. These programs are designed to help companies and organizations identify, prevent, and respond effectively to threats and crises in complex and challenging contexts, strengthening their operational resilience and ensuring the protection of their personnel and assets.



2 CORPORATE COURSE SECURITY AND SELF-PROTECTION

Security and self-protection are key aspects for any company seeking to ensure the **well-being of its team** and the **continuity of its operations**. In an environment with risks such as **natural disasters**, **cyber threats**, and **operational crises**, having a well-structured action plan and proper training makes the difference between prevention and vulnerability.

This Corporate Security and Self-Protection Course is designed to provide essential tools and strategies that enable organizations to anticipate and respond effectively to critical situations. With a practical and applied approach, participants will develop skills to manage emergencies, protect sensitive information, and **foster a safe and resilient work environment**.

The **CIUMP** Training Center, with over 20 years of **international** experience in professional training, has developed this course with a comprehensive approach **aimed at fostering a culture of security and effective response**. Our methodology is based on **simulations**, **real case studies**, and **practical exercises**, allowing participants to develop key skills in self-protection, crisis management and emergency response. Through this training, we will ensure the **physical safety** of employees, **the protection of sensitive information**, and the **continuity of the processes** of the business. Additionally, the course will address the **emotional impact** on employees, ensuring a balanced and effective response to any unforeseen situation.



◆ Objectives

- Equip participants with **disaster response** tools by developing **automated protocols** for evacuation, flight and escape.
- Provide **pre-hospital emergency skills** to ensure an effective response until medical teams arrive.
- Offer **stress management** and **mental resilience** techniques for adverse situations.
- Raise awareness of information security risks and enhance **cybersecurity measures** to prevent becoming a target of espionage.
- Establish **internal and external communication channels and strategies** for emergency situations.
- Promote an **organizational culture** centered on security and self-protection.
- Develop crisis management and business continuity strategies through **contingency planning**.
- Build **self-confidence** to take control in emergency situations, fostering **leaders** and **security brigades** within the organization focused on self-rescue, assisting colleagues and protecting assets and information.

◆ Course Methodology

The course combines theory and hands-on practice through:

- **Dynamic sessions** with experts in security and crisis management.
- **Practical workshops** and **exposure to uncertain scenarios**
- **Realistic scenario simulations** to reinforce decision-making under pressure.
- Supporting materials and **digital resources** for continuous learning.

◆ Instructors

- Members of Spanish security forces.
- Medical personnel.
- Psychologist.
- Cybersecurity professional.



◆ Key Topics

- **Context Analysis: Risk assessment and anticipation.**
 - Development of protocols to prevent becoming a target of opportunity.
- **Safety measures and response for natural disasters:** actions in case of earthquakes, fires, and floods.
 - Earthquake drill.
 - Fire evacuation drill.
- **First Aid**
 - Emergency medical response.
- **Mental Strength**
 - Stress management.
 - Conflict and aggression management. Deterrence and Persuasion.
 - Resilience.
- **Cybersecurity and Data Protection**
 - Identification of digital threats.
 - Protection of sensitive information.
- **Crisis Management and Business Continuity**
 - Contingency planning
 - Recovery from operational and reputational Incidents
 - Security regulations and best practices.

◆ Course Offerings

We design **ad-hoc courses**, tailored specifically for individual companies or shared training programs among organizations.

- **Flexible:** The course structure is customized to address specific situations and challenges, ensuring that the content is relevant and directly applicable to the participants' context.
- **Adaptable in Duration and Location:** Sessions are adjusted in length and content to meet the organizational needs. Our team can travel to the company's designated location as required.



3 FINANCIAL PROPOSAL

◆ Duration and Format

- **Duration:** 4 days
- **Modality:** In-person
- **Group Size:** 24 participants

◆ Costs

- **Price per participant:** 800€

◆ Includes

- Theoretical and practical training delivered by specialized instructors.
- Simulations and real case studies.
- Didactic materials and digital resources.
- Official certification upon course completion.
- Post-course advisory support for the implementation of security measures.

◆ Additional Costs

- Meals, accommodation, and travel expenses for instructors from Spain.
- **Residential Format:** If the course is conducted in this modality, accommodation and meal costs for participants are not included.





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