

CONFLICT ANALYSIS & CONFLICT SENSITIVITY

MODULE I



MODULE I.

CONFLICT ANALYSIS AND TRANSFORMATION.

KEY CONCEPTS

Conflict analysis; Power analysis; Conflict sensitivity; Conflict transformation; Conflict prevention; Conflict programming; Gender perspective in conflict; Social inclusion; Identity mechanisms; Nonviolent communication; Mediation; Reconciliation; Negotiation; Inclusive dialogue; Theory of Change (ToC); Change indicators; Triple HDP nexus; Humanitarian-Development-Peace.

ABSTRACT

This intensive **five-day course (40 hours)** focuses on the analysis of situations of tension and the use of **context-sensitive programming tools**, including an approach based on the **Humanitarian-Development-Peace (HDP) Triple Nexus**. Particular emphasis is placed on understanding the actors involved, power dynamics, and how interventions and mediation efforts interact with the environments in which they are implemented.

Participants will learn to identify the causes, actors, and dynamics that generate tensions, taking into account gender dimensions and other identity-based exclusion factors. They will also develop the skills to design programmes that promote equality and inclusion as an integral part of their planning, applying strategies of positive communication, mediation, negotiation, and dialogue.

The module also incorporates the application of the **Theory of Change (ToC)** to plan effective and sustainable interventions, ensuring that programmes respond to the real needs of communities and foster social resilience.

CONTENTS

- **Analysis of actors and conflict dynamics:** causes, stakeholders sustaining factors, and determinants of exclusion.
- **Context-sensitive programming:** designing programmes that address identity mechanisms, vulnerabilities, and leverage points to mitigate tensions.
- **Communication strategies:** nonviolent communication, inclusive and positive language, mediation, negotiation, and dialogue.
- **Strategic planning:** application of the **Theory of Change (ToC)** and the **HDP approach** for sustainable and effective interventions

LEARNING OUTCOMES

To enhance your understanding of the conflict sensitivity approach, this module will equip you to better:

1. Analyze the causes, actors, and drivers of conflict.
2. Analyze how gender and other identity-based exclusion mechanisms can be drivers of conflict, and develop programming to advance equality as an integral element of conflict sensitive programming.
3. Understand conflict sensitive communication tools and dialogue.
4. Apply conflict sensitivity to programming along the triple nexus of humanitarian, development, and peacebuilding interventions.
5. Know how to design and apply TOCs and measure change in conflict transformation and prevention.

LECTURERS



Irma Specht
Director,
Transition
International



Rachel Palermo
Program Specialist,
United States Institute
of Peace



Marco Antonio Ortega
Strategic planning and
knowledge
management



Ornella Moderan
Gender Expert

LOCATION

- Alfaz del Pi, Alicante, Spain

DATE

25-29 May, 2026

LANGUAGE

English

MODALITY

- in Person

COURSE DURATION

- 40 hours
- 8:30am-5:00pm Monday to Friday

METHODOLOGY

The methodology combines expert lectures, structured debates, collaborative group work, case study analysis, role-playing exercises, and simulations, promoting **hands-on, participatory learning applied to real-world contexts**

DIPLOMA

Participants who successfully complete the course will obtain an official diploma from the **International University Centre for Peace Missions** of Helsinki España.

FEES AND PAYMENTS

The course fee is €1,200.

- Meals and accommodation are not included. Applicants are also responsible for any visa-related expenses.
- Payments may be made via **bank transfer or PayPal**. Participants are responsible for any bank transfer fees or currency exchange costs.
- Please note that in case of cancellation prior to the start date of the course, fees are non-refundable. However, the amount paid may be credited toward participation in a future course.
- All payments must be completed before the start of the course, without exception.

BENEFITS



1. Hands-on training:

Gain **practical, immersive experience** in the humanitarian sector, honing the skills you need to excel in international organizations, succeed in your projects, and operate confidently on peace missions.



2. Experienced instructors:

Learn from **in-mission professionals** with real field experience. Receive expert guidance and mentorship to become job-ready or to specialize further in your area of interest.



3. Building community:

Join a **global, supportive network** of classmates and instructors. Access professional advice, career opportunities, and lasting collaborations that extend across organizations and continents.



4. Career advancement:

Boost your professional profile and stand out in the competitive international humanitarian field. These programs equip you with recognized certifications and practical competencies valued by leading organizations.

MINIMUM REQUIREMENT

- University degree or equivalent professional training or experience
- Fluency in English: B2+.
- Strong interest in international affairs.

ACCOMMODATION

Participants organize their own accommodation. However, Helsinki España will inform selected participants of the different accommodation options available.

VISA PROCESS

HELSINKI ESPAÑA will provide full support throughout the visa application process, including guidance, an official letter of invitation, and assistance with the necessary steps to facilitate obtaining the visa. However, the responsibility for obtaining the visa rests with the participant, not HELSINKI ESPAÑA

In order to start with the visa process, participants must have paid all the course.

ENROLLMENT PROCESS

Registration form must be sent to iucpm@helsinkiespana.org.

MORE INFORMATION



CONTACT



Helsinki España - IUCPM



iucpm@helsinkiespana.org



+34 915335455

+34 629544873

Helsinki España - Dimensión Humana
Calle de Santa Cruz de Marcenado, 11, 2º A, Madrid, C.P. 28015
SPAIN



@helsinkiespana



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